



**NANJIL CATHOLIC COLLEGE OF ARTS AND SCIENCE,
KALIAKKAVILAI**

MSW STUDENTS PRESENT
TRIBAL CAMP
SAHYADRI 2k23

VENUE:
ATTATHODE, PATHANAMTHITTA

DATE: 17-SEP-2023 TO 22-SEP-2023

**INAUGURATION BY
DR. DIVYA S. IYER IAS
(HON. DISTRICT COLLECTOR PATHANAMTHITTA)**






NANJUL CATHOLIC COLLEGE OF ARTS AND SCIENCE, KALIYAKKAVILAI
DEPARTMENT OF SOCIAL WORK ORGANIZES
SAHYADRI TRIBAL CAMP 2K23
"YOU ARE CORDIALLY INVITED"
Date: 17th sep 2023 to 22nd sep 2023
Venue: Attathode Pathanamthitta

Rev. Fr.Dr.M.Eckermens Michael MBA, Ph.D Secretary & Correspondant	Dr. M. Amalanathan MSc, M.Phil, Ph.D Principal	Mrs.S.Mary Peisit Head, Dept of Social Work
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About the Department

The Department of social work was established in the year 2013 with a vision of crafting professional social workers and has expanded its horizons of training by starting with Pre-Doctoral Course in the year 2017 and Doctoral programme in the year 2018 with respectively. The department of social work focuses on two specializations namely Human Resource Management and Medical and Psychiatry. Department of social work encourages the students to publish good research work at national and international level, field visits, guest lectures, conclaves, summit, seminars, workshop and symposium, where by stalwarts in social science and field practitioners have been invited to interact.

About the Tribal Camp

Tribal camp is an integral part of the training program of the students pursuing social work with an objective to bring students closer to nature and observe the life of tribal people. The department has planned to organize it for seven days from 17th to 22nd september, 2023 at Attathodu, Pathanamthitta. The students are encouraged to organize and carry out programs and events for social awakening and development of the people and conducted a survey on socio-economic, water conservation, create awareness on personal hygiene, importance of education, environmental protection and rally for stopping child marriage.

Programme Schedule

Date & Place	Time	Programme	Resource Person
17-09-2023 Government L P School Attathodu	5.00pm to 7.30pm	Group Building Games	
18-09-2023 Manjathodu community	10.30 am to 11.30 am	Inauguration	Dr.Divya S.Iyyer (District collector Pathanamthitta)
	12.00pm to 12.30pm	Special Talk	Manjathodu community moopan
	12.30 pm to 2.30 pm	Community Survey	Manjathodu community
19-09-2023 Plappalli Community	10.15am to 11.15 am	Awareness on Personal Hygiene	Surgen Government Hospital Perunad
	11.30 am to 2.30pm	Community Survey	Plappalli Community
20-09-2023 Government LP School Attathodu	10.15am to 11.15 am	Awareness on Importance of Education	Mr.BijuThomas (Headmaster)
	11.30 am to 2.30pm	Community survey	Attathodu Community
21-09-2023 Government L P School Attathodu	10.00 am	Rally for Stopping Child Marriage	Manju Thomas (Sabarimala Ward, Panchayath Member)
	11.00am	Survey Analysis	
	2.00pm to 4.00pm	Valedictory Function	
22-09-2023 Attathodu Community	10.00am to 2.30pm	Community Visit	

INTRODUCTION

The Tribal camp, “*Sahyadri 2K23*” was organized by the Department of Social Work, Nanjil Catholic College of Arts & Science, Kaliyakkavilai and opted Attathodu tribal village. Attathodu is a small village /hamlet in Ranni Block in Pathanamthitta District of Kerala State, India. It comes under Ranny Perunadu Panchayat. It belongs to South Kerala Division. It is located 14 K.M towards North from District Head Quarters Pathanamthitta, 115 KM from State Capital Trivandrum. Attathodu is surrounded by Konni Block towards South, Pathanamthitta Block towards South, Elanthoor Block towards west, Kanjirappally Block towards North. This camp help us to work effectively with the people for the rights and life of tribal people, and also provided an opportunity to the students to gain practical exposure of working with people in the rural and tribal areas. Tribal camp is an integral part of the training program of the students pursuing social work with an objective to bring students closer to nature and observe the life of tribal people. This Tribal camp was held from 17 September to 22 September 2023. Head of the Department Smt. Mary Pelsit, Asst. Professors Ms. Seethu Vijayan and Mr. Salu John. R were accompanied with us to give guidance and support and to evaluate and assess the progress of the camp.

OBJECTIVES OF THE TRIBAL CAMP

- a) To explore tribal life.
- b) To experience group and community living.
- c) To understand the socio-economic status of the villagers
- d) To facilitate students learning about the ground realities of community living.
- e) To understand and identify the difficulties faced by the tribal community.
- f) To conduct engagement activities and awareness program for the community

- g) To love the nature and eco system
- h) To create good bonding between the students and the tribals.
- i) To help the students to develop capacities and attitudes by involving in planning, decision making, organizing and Evaluations.
- j) To explore our strengths and weakness.
- k) Delegation of work in the camp site in the form of task Groups like cooking, cleaning utensils, manual work Groups, etc. to strengthen interpersonal relationship among the students in the team.
- l) To strengthen interpersonal relationship among the students in the team.

PRE - CAMP PREPARATIONS

The discussion for tribal Camp Started on 08/08/2023. The group members have selected Anila. D.P. as Co-ordinator and Gayatri S.L. as assistant co-ordinator. They have formed different committees and their coordinators.

Need of Pre- Camp Preparations

NEEDS OF PRE-CAMP PREPARATION:

1. Electing Camp Leaders:

Prior to the camp, it is essential to hold elections to choose capable camp leaders who can effectively organize and lead the camp activities. These leaders will play a crucial role in ensuring the camp's success.

2. Selecting the Camp Location:

A thoughtful decision should be made regarding the camp's location. This involves assessing factors such as accessibility, safety, and suitability for the tribal camp's goals

and activities.

3. Forming Committees:

Committees need to be established to handle various aspects of camp planning and execution, such as logistics, food, activities, and safety. Each committee should have a specific focus to ensure a well-organized camp.

There were twelve main committees involved in rural camp to make the camp ease.

CAMP COMMITTEES LIST:

Sl. No	Coordinators name	Committee	Class
1.	Anila D.P. Gayathri	Camp coordinator Assistant coordinator	2 nd MSW 1 st MSW
2.	Jofin joseph Harish	Finance coordinator Assistant coordinator	2 nd MSW 1 st MSW
3.	Adhirsh joseph Gerald Stephan/ Ijin	Food/ accommodation coordinator assistant coordinator	2 nd MSW 1 st MSW
4.	Lekshmi santhosh Rosy	Programme coordinator Assistant coordinator	2 nd MSW 1 st MSW
5.	Jeflin D. Sr. Anu/ Anila	Cultural committee coordinator Assistant coordinator	2 nd MSW 1 st MSW
6.	Anju A. S Fr. Antony muthu	Report/documentation coordinator Assistant coordinator	2 nd MSW 1 st msw

7.	Lalitha	Discipline / Time management coordinator	1 st MSW
8.	Subin geo Thomas Gerald stephan/ Lijin	Public relation coordinator Assistant coordinator	2 nd MSW 1 st MSW
9.	Amal J. S	Transportation committee coordinator	2 nd MSW
10.	Dejin jose Leena jose Athulya	Invitation, banner coordinator Assistant coordinator	2 nd MSW 1 st msw
11.	Delphin B. P. Lalitha	Seating arrangement / hospitality coordinator Assistant coordinator	2 nd MSW 1 st MSW
12.	Blessing jikki	Room cleaning coordinator	2 nd MSW
13.	Leena jose	First aid coordinator	2 nd MSW

Roles and responsibilities of each committee are as below.

Food/Accommodation Committee (Co-ordinator Adhirsh Joseph & Asst.Co-ordinator

Jerald Stephen & Lijin Chandran)

- Allocating menu for all the 7 days
- To ensure the availability of provisions.
- To assist the cook on rotation basis
- Ensure zero level wastage
- Arrange accommodation

Seating arrangement Committee (Co-ordinator-Delphin. P.P, Asst. Co-ordinator L)

- To plan the arrangements of the programme of Rural Camp
- To plan each day's roles and responsibilities and arrangements of materials like banner,table chairs, mineral water etc. for the programme.
- To welcome the guest

Finance Committee (Co-ordinator- Mr. Joffin Joseph & Asst. Co-ordinator Gerald Stephen/Lijin)

- To prepare budget for the rural camp
- To coordinate with other committees and allot funds accordingly
- To mobilize funds from the students

Public Relation Committee (Co-ordinator-Subin Geo Thomas , Asst co-ordinator- Gerald Stephen/Lijin))

- To invite all the resources persons for the camp programmes.
- Communicates leaders within the community.

Cultural committee (Co-ordinator- Jeflin, Asstco-ordinator- Sister Anu/Anila)

- The Cultural Committee shall be responsible for all cultural events in the Camp.
- To plan and schedule all the cultural events for the Camp.
- To arrange mementos for guests and Trophies Medals and certificates for the participants.

Transportation Committee (Co-ordinator- Amal. J.S)

- To arrange transport for the students and the faculties to reach the spot.
- To ensure the accommodation facilities.

- To arrange transportation facility during the camp, if necessary

First Aid Committee (coordinator- Leena Jose)

- To provide medical assistance in need
- To ensure the availability of medicines and first-aid box

Discipline/Time Management Committee (Co-ordinator- Lalitha)

- Creating an environment conducive to effectiveness (in terms of cost-benefit, quality of results, and time to complete tasks).
- Setting of priorities.
- The related process of reduction of time spent on non-priorities.
- Implementation of goals.

Report/Documentation Committee (Co-ordinator- Anju. A.S, Asst Co-ordinator Fr.

Antony)

- To prepare a report of each day.
- To collect photos and videos of the programs, community visits etc.
- To prepare a task group for the smooth functioning of each day activities.

Programme Committee (Co-ordinator- Lekshmi Santhosh, Asst co-ordinator- Rosy)

- To prepare a schedule for all the 7 days
- To make the students get involved in cultural events

- To arrange resource persons for input sessions

Invitation/Banner (Co-ordinator- Dejin Jose, Asst co-ordinator- Leena Jose)

- To design and print banner
- To design and print invitation

Room Cleaning (Co-ordinator- Blessing Jikky)

On 11/09/2023, Tribal camp Discussion meeting started at 11.30am. In this meeting all committee coordinators discussed and planned about their duties and work. Finance Coordinator Mr. Joffin collect the amount which the students mobilized. Then some of the students asked to change the schedule of camp report. Then the report committee coordinator changed the schedule of camp report and announce it to the students.

On 13/09/2023, Tribal camp discussion meeting started at 10.45 A.M. In this meeting students were assembled. The committee co-ordinators discussed about their contribution and their duties. Then Mr.Subin Geo Thomas asked the students opinion about first day's food arrangement. The meeting end at 12.20pm

On 14/09/2023, Tribal camp Discussion meeting started at 10.30am. All students were assembled in this meeting. The committee coordinators discussed about their duties. Then Mrs. S. Mary Pelsit mam informed us about what are the things we have to brought in the camp. Then she divided the students into three groups for survey. Then Mr. Subin Geo Thomas explained about the survey process. Then the students are started the practice for the camp cultural. The meeting end at 12.20pm.

TASK GROUPS

The students were divided into different groups and allotted tasks such as cooking, cleaning and washing utensils, cleaning the hall and work place, manual work, organizing committee, and prayer & exercise. In this manner, the work will be delegated to all the students, who get an opportunity to do all the tasks.

PILOT VISITS

The committee members decided to make a Pilot visit to know more about the village. This feasible visit will help us to finalize the place. Camp facilitators and a few committee members visited the place and made a study on that. The MSW trainees and two of the staffs went for the pilot study to Pathanamthitta, Attathodu on 18/08/2023. The participants were Mrs. S. Mary Pelsit, Ms. Seethu Vijayan, Ms. Anila. D. P, Mr. Subin Geo Thomas and Mr. Lijin Chandran and Mrs. K.K. Bindu. Trainees and staffs started their journey at 7.30am from Neyattinkara and reached Attathodu at 2.15pm, travel time was around six hours. The staffs and trainees met Mr. Biju, Head Master of Government Tribal LP School, Attathodu, Pathanamthitta for the arrangements of accommodation for the 7 days of camp. He agreed to give the school for their stay for seven days. After that they discussed about the tribal camp especially about community visit, awareness programme and survey which has to be conducted on the particular date. He offered all supports for the team. Then Mr. Biju, Head Master has taken them to the class to meet the students. Then staffs and trainees went to Collectrate, Pathanamthitta and met District Collector Dr. Divya. S. Iyer around 5.00pm. The team shared about the tribal camp which is conducted by Nanjil Catholic College of Arts and Science Kaliyakkavilai and invited her for the tribal camp. She agreed to come for the camp.

SPECIALITY OF THE PLACE

Attathodu is a small Village/hamlet in Ranni Block in Pathanamthitta District of Kerala State, India. It comes under Ranny Perunadu Panchayath. It belongs to South Kerala Division. It is located 14 KM towards North from District headquarters Pathanamthitta.

115 KM from State capital Thiruvananthapuram.

At the foothills of Sabarimala, which is surrounded by eighteen hills, Attathodu, NaranamThod, Plappally and Laha are home to thousands of people but they are in a tragic situation as their daily earning stopped due to various reasons. The people of this place often wake up and fall asleep hearing the Lord Ayyappa's mantras. The beauty of the forest is the speciality here which is the gift of God. There is a large population here who have traditionally depended on forest resources and agriculture. Many years ago, the places where devotees used to come on foot to cook and relax were filled with shops, both large and small. Today, the number of pedestrian devotees has dwindled but the number of shops on which devotees rely as interim resting place has increased. There are mostly hotels and tea shops on the walking path which is a real help for those who are coming by vehicles. Frankincense, honey, ginger and pepper are the main commodities that they are collected from the forest for their livelihood. Although they were fortunate enough to be born in such a wonderful place.

Demographics of Attathodu

Malayalam is the Local Language here.

How to reach Attathodu

There is no railway station near to Attathodu in less than 10 km. Bus/Car is the only way to reach Attathodu.

Schools near Attathodu

- Attathodu Govt. LPS, Attathodu

- Jawahar Nvodaya Vidyalayam, Vechoochira , Ranni , Pathanamthitta , Kerala . PIN-686511 , Post - Kunnam Vechoochira

- Komalavilasom Lps, Padayanipar, Vadasserikara ,Ranni , Pathanamthitta , Kerala .PIN- 689662 , Post –Vadasserikara

- Mount Bethany Ehss, Mylapra, Mylapra, Ranni , Pathanamthitta , Kerala . PIN-689671
 , Post - Mylapra

Govt Health Centers near Attathodu

- PHC CHITTAR , Chittar Community health centre , Chittar Maniyar road , policestation
- Keekozhoor-Uthimoodu Rd; Uthimoodu; Kerala 689672; India

Hospitals in Attathodu.Ranni

- PHC Vadasserikkara, Vadasserikkara; Kerala 689662; India
- Vadasserikkara Government Homoeo Dispensary, Vadasserikkara-Ithala-Ranni Rd;Vadasserikkara; Kerala 689673
- Sree Ayyappa Medical College Hospital, Kumpalathamom; Vadasserikkara; Kerala689662.

Colleges in Attathodu.Ranni

- NEXUS VADASERIKARA, Mannarkulanji-Pampa Rd; Vadasserikkara; Kerala
- Universal College, Vadasserikkara; Kerala 689662; India
- Sabari Medical College, Vadasserikkara; Kerala 689664; India
- Mar Thoma Teachers Training College, Edakulam; Edakulam; Kerala 68967

Culture and Religion

The village, being predominantly Malampandaaram caste.

Observations

1. Not hard-working people, most of them had no work
2. Educationally Backward.
3. Consume natural food, organic products.
4. Simple living and main source of income from forest.
5. Women are in pathetic condition
6. No good family relationship

PROGRAMME EXECUTION

Day 1(On Camp): 17/09/2023, Sunday



Tribal camp journey started at 8.15 from Trivandrum to Attathodu. Few of the students travelled through bus. Some of them came by their own vehicle. The trainees reached Attathodu at 2.00pm. Then the trainees ate food from the hotel. Later the trainees reached the school at 2.15 pm. The trainees cleaned and arranged the place of stay. The refreshment was at 3:30 pm. Then the trainees mobilized the community people and explained them about their tribal camp. The dinner was at 8.00 P.M. Then the time management committee coordinated the students to gather in the hall at 8.30 P.M and group discussion started at 8.45pm. All the committee members explained about their schedules and plans that has to been done from the next day. The group discussion ended at 9.30 pm.





Day 2:- 18/09/2023. Monday -Event: - Inauguration and Survey

The MSW trainees awoke at 5 A.M and they refreshed. Food committee members started to prepare breakfast. At 6.00 A.M meditation and yoga session was started. After the session students were very active and felt free. At around 6.30 A.M the time management committee coordinated everyone to gather in the hall for having tea. At

7.30 A.M the trainees are asked to have their breakfast. Then the coordinator makes everyone to form a circle for the purpose of discussing about the programme schedule. After a small discussion everyone left the school at 8.30 A.M for the inauguration programme.

Trainees travelled to the Manjathodu community through bus. Then the trainees mobilized the community people to the Sahyadri camp inauguration. Then the seating arrangement committee arranged the seats with the help of the members. The inauguration began at 11.00

A.M. Sahyadri 2023 camp inaugurated by PTA President. Trainees collaborated with tribal community members, school PTA president and forest officer.



The **Inauguration** function was held in front of the house of Mangathodu community mooppan

,Manjathodu. At 11am the programme started with a prayer song of MSW student Mrs. Bindu.

K.K. The welcome address was delivered by Mr. SubinJeo Thomas, II MSW student, Nanjil Catholic College of Arts and Science Kaliyakkavilai and a welcome dance by Anju. A.S Team. Then the PTA President, Rejith K Raj inaugurated the tribal camp **Sahyadri 2023** by lighting the lamp and also delivered the inaugural address. After the

inauguration, social work trainees showed their creativity with a thought-provoking mime performance with the theme called „*Child Marriage*“. The presidential address was delivered by Mr. Byju, Forest Range Officer. The keynote address was given by Mrs. Mary Pelsit S, HOD of Social Work Department, Nanjil Catholic College of Arts and Science Kaliyakkavilai providing valuable insights into the purpose of the camp. After the speech Mrs. K.K. Bindu sing a song. Mr. Abhilash – Forest Officer, Mr. Uthaman – Ex-Panchayath Member and Mrs.Susamma, Community promoter delivered the felicitation. After this the Manjathodu community Mooppan’s speech about the topic „*Kadine Ariyaan*“. He explained everything about the community, their livelihood, their living style etc. The Programme came to an end at 12.30 P.M by vote of thanks of Mr. Lijin Chnadran, I MSW student of Nanjil Catholic College of Arts and Science Kaliyakkavilai. The Master of ceremony was done by Mrs. M.A. Pushpa Kumari & Mrs. Anitha Sunil, students of 1st MSW students of Nanjil Catholic College of Arts and Science Kaliyakkavilai.







Packed food was served there and after the lunch MSW trainees were asked to go for **Survey**. The coordinator divided the trainees into three groups and each group has more than 7 members. Then the trainees went for the survey in Manjathodu community and took survey for 2 hours that is from 2.30pm to 3.30pm without considering the bad climate (heavy rain). It had provided a unique opportunity for the trainees to interact with local community and gaining valuable experiences and insights.





The trainees returned to the staying place with new knowledge and perspectives. The trainees have reached the staying place at 5.30pm.



After tea **Evaluation** session started. In this session every student shared about their learnings and experiences about the camp.

The finance committee co-ordinator explained that a good amount of money was collected and the event was successful in terms of funding. The travel committee ensured that transportation arrangements were very good and all the students were satisfied and reached the inaugural place in time to attend the event without any issues. The seating arrangement committee co-ordinator said that the members were cooperative and helped them for seating arrangements and everyone was able to find a seat and participated in the event comfortably. The time management committee reported that the events ran smoothly and efficiently and in time. Then The food committee members explained that all the students were cooperative and the food service providers were helpful and they supplied food in time. Overall, it was a well-organized and successful event. The evaluation ends at 8.30pm and trainees went for supper and sleep.

Day 3:- 19/09/2023, Tuesday “personal hygiene” and survey

The MSW trainees awoke at 5 A.M and they refreshed. Food committee members started to prepare breakfast. At around 6.30 A.M served tea to all the trainees and teachers. At 7.30 A.M meditation and yoga session was started and after the session students were active and energetic. Then discussed about the planning of that day's programme. After the breakfast the trainees travelled to Plappally community through public transport. After reached there the trainees mobilized the community people for the programme. The programme started at 11

A.M with the prayer song of Mr. Subin Jeo Thomas of II MSW. Welcome speech was done by Arya Asokan, 1st MSW trainee. The resource person was Mr. Lawrence. P.J and he took awareness classes on the topic personal hygiene. He well explained the need of washing the hands after the use of toilets, oral hygiene, environmental hygiene, and also explained about the good practices to be followed to prevent diseases and how to get good health by following personal hygiene. Welcome address was

delivered by Asst. Professor Mr. Salu John and felicitations delivered by Forest Section Officer, Ajaya Kumar. V.N and Forest officer Smitha. The session ended with the vote of thanks of Sister Anu.P.S.





The sweets were distributed to the community people and Mrs. Anitha Sunil and Mrs. Pushpa Kumari. M.A give few dresses to the community people. Community promoter Smt. Susamma requested to honour Smt. Omana, one of the members of Plappally community because of two reasons one reason was Omana was the only one person

who independently stitched nighty with the help of community promoter Smt. Susamma and earn money. The other reason was, in this community no marriage ceremony is conducted till date, they didn't know about such a ceremony, but Omana, even though she was a single parent, she conducted marriage of her daughter and this was the first marriage in that community. Mrs. Susamma put "Ponnada" and as an honour Smt. Anitha Sunil gave a sari to her.

After the event the trainees went to the community for survey. They visited 10 sheds and asked questions and filled the survey forms. At 1 P.M survey finished and reached at the staying place and had their lunch.

From 2.30 P.M to 4.00 P.M some cultural programmes were conducted for the LP School students of Attathodu Govt. tribal school. Mr.Subin Geo Thomas took initiatives to the programmes. The programme was purely for entertainment of the children. The children were danced for the action song and also they enjoyed it a lot.







Then the **camp evaluation** was started at 9.00 P.M and the social work trainees shared their camp experiences and the evaluation was finished at 10:30 P.M.

Day 4:- 20/09/2023, Wednesday “trekking”, Rally and waste Management

On 20th day of September 2023, 4th Day of Tribal camp was started at 6.00 A.M with Mediation and Yoga session which was conducted by Bindu. K.K. After the Yoga, trainees were asked to have their breakfast at 8.00 A.M. After the breakfast trainees went to Laha forest Station by bus to meet the Forest Range Officer Mr. Byju for the arrangements of trekking. He gave the instructions for trekking and he along with a forest officer accompanied and guided in the trekking. After finishing the trekking the trainees had their lunch in the nearby hotel. After lunch at around 2.30 P.M the trainees got the public transport and reached the staying place at around 4.00 P.M. Then the trainees had their tea and snacks.

At about 6.30 P.M, cultural/entertainment programs were conducted for the community people and the children and their parents actively participated in the programs. The programme was co-ordinated by Mrs. Pushpa Kumari. Mr. Subin Geo Thomas conducted a game to the people and all of them enjoyed the event very well. The programme ended at 8 P.M and the trainees ate their food along with the community people.



At 9.30 P.M the evaluation section was started. HOD instructed Amal from II MSW to select members for the next day's cleaning programme. He selected 8 members for the panel. After this HOD conducted voting to select the best Camper. A piece of paper was distributed among the trainees to elect the best camper. All the trainees marked the name

and returned the paper. After calculating the fund given by each member, the finance co-ordinator announced that the best fund mobilizer was Mrs. Anitha Sunil. HOD Smt. Mary Pelsit appreciated Smt. Anitha Sunil for her commitment. The session ended at 10.45 P.M



SURVEY REPORT

As a part of curriculum MSW students conducted survey at both plapally and manjathode community as well as interacted with vanapandaram tribal community. For the purpose of the study trainee collected information from twenty-five households and analysed the problems faced by the poor tribal people. Majority of the people belongs to below poverty and they face number of problems like lacks of electricity, lacks of water, improper sanitation facility, lack of house facility etc.

Table 1-1

Age of the Respondents

Sl.No	Age of the Respondents	Frequency	Percentage
1	10 to 29	10	40%
2	30 to 39	7	28%
3	40 to 59	6	24%
4	60 and above	2	8%
Total		25	100%

Table 1-I denotes age of the respondents from the tribal community, about 40% of the respondents are in the age group of 10 to 29, 28% are in the age group of 30 to 39, 24% are in the age group of 40% to 59 and 8% are in the age group above the age 60.

Table 1.2

Gender of the respondents

Sl.No	Gender of the Respondents	Frequency	Percent age
1.	Male	8	32%
2.	Female	17	68%
Total		25	100%

Table 1.2 shows that about 68% of the respondents are female and 32% of the respondents are males. It denotes that majority of the respondents are females.

Table 1.3

Category status of the respondents

Sl.No	Category status of the respondents	Frequency	Percentage
1.	General	0	Nil
2.	Scheduled Caste	0	Nil
3.	Scheduled Tribe	25	100%

4.	Other Backward Caste	0	Nil
Total			

Table 1.3 illustrates category status of the respondents. All the respondents in the community belongs to scheduled category status and no other communities like SC, OBC and general category not even present in the community.

Table 1.4

Poverty Status of the respondents

Sl.No	Poverty status of the respondents	Frequency	Percentage
1.	Above Poverty Line (APL)	1	4%
2.	Below Poverty Line (BPL)	24	96%
Total		25	100%

Table 1.4 denotes poverty status of the respondents. About 96% of the respondents are below the poverty line and remaining 4% are above poverty. It shows that majority of the community people face poverty.

Table 1.5

Ownership in house of respondents

Sl.No	Ownership in house	Frequency	Percentage
1.	Yes	22	88%

2.	No	3	12%
Total		25	100%

Table 1.5 denotes ownership in house of the respondents. About 88% and remaining 12% didn't have their own home.

Table 1.6

Status of house of respondents

S.No	Status of house	Frequency	Percentage
1.	Katcha	9	36%
2.	Pucca	5	20%
3.	Semipucca	11	44%
4.	Home less	0	Nil
Total		25	100%

Table 1.6 illustrates house status of the respondents. 44% of the respondents have in semipucca house, 36% of the respondents live in katcha and 20% of the respondents live in pucca.

Table 1.7**Toilet facility of the respondents**

Sl.No	Toilet facility of the respondent	Frequency	Percentage
1.	Private toilet	4	16%
2.	Community toilet	0	Nil
3.	Open defecation	21	84%
Total		25	100%

Table 1.7 denotes toilet facility of the respondents. About 87% of the respondents follow open defecation and 16 % of the respondents have toilet facilities of their own home.

Table 1.8**Waste Management of the respondents**

Sl.No.	Waste Management	Frequency	Percentage
1.	Door step management	0	Nil
2.	Community point waste management	2	8%
3.	No waste management	23	92%
Total		25	100%

Table 1.8 shows waste management system of the respondents. About 92% of the respondent doesn't have. Waste management 8% has community point waste management.

Table 1.9

Occupational Status of the respondent

S.No	Occupational Status	Frequency	Percentage
1.	Private	0	Nil
2.	Government	0	Nil
3.	Daily wages	25	100%
Total		25	100%

Table 1.9 illustrates occupational status of the respondents. All the respondents do daily

wages.

Table 1.10

Educational Status of the respondents

S.No	Educational Status	Frequency	Percentage
1.	Lower Primary	12	29.2%
2.	Upper Primary	11	26.8%
3.	High School	16	39.0%
4.	Higher Secondary	2	4.87%
Total		41	99.87%

Table 1.10 illustrates educational status of the respondents. About 39% of the respondents studied up to high school, 29.2% studied up lower primary, 26.8% studied up to upper primary and 4.87% respondents completed higher secondary.

Table 1.11

Migration Status of Family

Sl.No	Migration status of the family	Frequency	Percentage
1.	Yes	10	40%
2.	No	15	60%
Total		25	100%

Table 1.11 denotes migration status of the family. About 60% of the respondents are traditionally from the particular community and 40% of the respondents are migrated towards the community.

Table 1.12

Educational regarding information of government schemes

S.No	Educational about government scheme	Frequency	Percentage
1.	Beneficiary of the scheme	0	Nil
2.	Not beneficiary of the scheme	25	100%
Total		25	100%

Table 1.12 shows education of government schemes and to be beneficiary of the scheme. All the respondents didn't have awareness about any government welfare schemes and they are not beneficiary of any welfare scheme.

Table 1.13**Source of drinking water**

Sl.No	Source of drinking water	Frequency	Percentage
1.	Hand pump	0	Nil
2.	Well	0	Nil
3.	Pond	20	80%
4.	Community tank	5	20%
Total		25	100%

Table 1.13 illustrates source of drinking water of the respondents. 80% of the respondents depends on pond for drinking water and 20% of the respondents depend on community tank for drinking water.

Table 1.14**Availability of electricity**

Sl.No	Availability of electricity	Frequency	Percentage
1.	Yes	1	4%
2.	No	24	96%
Total		25	100%

Table 1.14 denotes electricity facility of the respondents. 96% of the respondents doesn't have electricity and 4% of the respondents have electricity facility

Table 1.15**Source of electricity of the respondents**

S.No	Source of electricity	Frequency	Percentage
1.	Kerosene	24	96%
2.	Solar panel	1	4%
Total		25	100%

Table 1.15 illustrates source of electricity of the respondents. About 96% of the respondents use kerosene for light using their home and remaining 4% depend up on solar panel.

Table 1.16**Source of cooking facility of the respondents**

Sl.No	Source of cooking	Frequency	Percentage
1.	Wood	18	72%
2.	Kerosene	6	24%
3.	Biogas	1	4%
Total		25	100%

Table 1.16 shows source of cooking of the respondents. About 72% of the respondents depend on wood for cooking, 24% of the respondents depend on kerosene for cooking and 4% depends on biogas.

Table 1.17

Land holding information of the respondents

Sl.No	Land holding information of the respondents	Frequency	Percentage
1.	Have own land	17	68%
2.	No land	8	32%
Total		25	100%

Table 1.17 denotes land holding information of the 68% of the respondents has their own land and 32% doesn't have any land.

Table 1.18

Problems faced by the respondents

Sl.No	Problems faced by the respondents	Frequency	Percentage
1.	Electricity	9	36%
2.	Homelessness	7	28%
3.	Waterlessness	6	24%
4.	Improper toilet facility	3	12%
Total		25	100%

Table 1.18 shows problems faced of the respondents in the community. 36% of the respondents didn't have electricity, 28% of the respondents didn't have home, 24% face lack of water facility and remaining 12% have improper toilet facility.

FINDINGS

- Majority (68%) of the respondents are female.
- Majority (40%) of the respondents are within the age group of 10-29.
- Majority (95%) of the respondents are married.
- All the respondents belong to scheduled Tribe.
- Majority of the respondents don't work abroad.
- Most of them live in semi pucca house.
- Majority of the respondents promote open defecation.
- All the respondents belong to daily wages.
- Most of the respondents completed high school.
- All the respondents are unaware of government schemes and are not beneficiaries of the scheme.
- About 80% of the respondents depend upon pond for drinking water and 20% depend on tank water.
- 96% of the respondents still don't have electricity and 4% of respondents have electricity.
- Majority of the respondents depend on wood as the source of cooking and 4% depend on biogas.
- Most of the respondents in the community face many problems like scarcity of water (24%), homelessness (28%), improper toilet facility (12%) and lack of electricity (36%).

SUGGESTIONS

- Promote education among tribal people and make necessary arrangements to reduce child marriage.
- Make the tribal people aware of the government schemes and help them to be part of it.
- Provide proper facilities to the tribal people.
- Construct tube well or make necessary arrangements to provide proper

drinking water to the people.

- Empower the tribal people through various skill development programs.
- Extend electricity facilities to each house.

Day 5:- 21/09/2023, Thursday

Event:- Valedictory Ceremony, importance of Education

On 21st day of September 2023, 5th Day of Tribal camp was started at 6.00 A.M with a game session which was conducted by Pushpa Kumari & Bindu. K.K. All the trainees participated in the game and this was helped to improve their mental and physical health. After 6.30 A.M fivesocial work trainees prepared the survey report along with assistant professor Miss Seethu Vijayan. Breakfast was served at 8:30am. The day featured an awareness programme to the students, their parents and other community members to make them aware about the importance of Education at Government tribal L P School, Attathod and the resource person was Adv.M.A. Pupshpa Kumari, 1st MSW.





After the awareness programme, at 10.10 A.M, **Rally** was conducted based on the topic of **Importance of Education**. MSW trainees, Attathodu Govt. Tribal L.P. School students and teachers of the school were participated in the rally which was inaugurated by Mrs. Manju Pramod, Sabarimala ward member. In the inaugural speech she talks about the importance of education and appreciated the social work trainees for their initiatives through this tribal camp. Placards of importance of education were raised by the students and throughout the rally they hailed the slogans loudly. The rally was over at 10.45 A.M.



After the rally valedictory function started with a prayer song by Mr. Harris Ron, 1st MSW

student. Saaremaa ward member Mrs. ManuPrimed, PTA president of Govt. Tribal L.P. School, Attathodu, HOD Mrs. Mary Pelsit, Asst. Professors Mrs. SeethuVijay an& Mr. Saul John, Mr. Rejith, Mr. Abilash, teacher of Attathodu Govt. tribal L.P. School and camp coordinators – Anila. D.P & Leena were in the dais. Mr. Adarsh Joseph 2nd MSW delivered a welcome address. The master of ceremony did by Mrs. Arya Ashokan, 1st MSW.





Best fund mobilizer award was given to Mrs. Anitha Sunil of 1st MSW by Sabarimala Ward member Mrs. ManjuPramod in this function and Anitha shared her experience in the tribal camp.

During the pilot visit Mr. Byju, Head Master of Attatodu Govt. Tribal LP school offered all the support for the camp. But due to the death of his father he was absent during those days. A silent tribute was given for the death of his father. After that Mrs. Manju Pramod talk about the tribal people and said how to communicate with the people. She also welcome us on behalf of the tribal community. Different performances were done by the students of Attathode Govt. Tribal L.P School. Kudos to the students. Mr. Rejith, PTA President of Attathode Govt. Tribal L.P School delivered his presidential address. In his talk hementioned about the need for the empowerment of tribal community. Then Ms. Delfin second MSW student shared her experience. She told that she learned how to plan, communicate and adjusted in a group. Then Ms.

Jeniba first MSW student shared her experience. She told that she had a wonderful experience in this tribal camp.

Head of the Department of MSW, Smt. Mary Pelsit delivered the key note address. She expressed her gratitude to the ward member, PTA president, the teachers and students of Attathode Govt. Tribal L.P School and the cooking women, Smt. Molly who cooked food for the MSW trainees during those camp days. Again she extended her sincere gratitude to 1st year and 2nd year MSW students, the committee members and all the co-ordinators for making the camp a very big success. First of all Mr. Abhilash, teacher of Attathode Govt. Tribal L.P School, delivered his felicitation. After that Asst. Professors Seethu Vijayan and Mr. Salu John were delivered the felicitations and their experiences.

Best camper award was given to Mr. Subin Jeo Thomas by Sabarimala Ward Member and PTA President. On behalf of Nanjil Catholic College of Arts & Science, Smt. Mary Pelsit, Head of the Department of Social Work gave a momento to Attathode Govt. Tribal L.P School on accord of their help and presence in the camp. In the absence of Head Master, Mr. Abhilash along with all the other teachers collected the momento from her. A gift was given to the ward member, PTA president and cooking women Smt. Molly, by HOD on behalf of Nanjil Catholic College of Arts & Science. Lastly a copy of the survey report prepared by the MSW students to Mr. Abhilash, Teacher of Attathode Tribal LP school mentioning the difficulties of tribal community, noted by the MSW trainees during survey. The function ended at 12 noon by the vote of thanks of Subin Jeo Thomas of II MSW. It was truly a mesmerizing programme.



At 12.30 P.M food committee served food to the MSW students and the community representatives and the community members.

After lunch at about 2 P.M, MSW trainees went to Attathodu tribal village to conduct the programme “*Sramadha*”. All the trainees participated in this program. They well cleaned the surrounding area and removed all the plastic wastes. They take awareness classes to the tribal village people about the need of removing plastic wastes and the misuse of plastics. The program ended at 4.P.M. After 4.30pm they started refreshment. At 6.00 P.M all of them go through the evaluation section. After the evaluation trainees left the camp.





POST CAMP

After the successful completion of our camp, we had final general body meeting for reviewing the rural camp report. Every committee presented their report on the general body meeting. Review of the report presented in the general body was made by the HOD, faculties, co-ordinators and other staffs in the department. Thus, our camp ended with joyful and also with many learning's for every student.





സഹ്യാദ്രി ട്രൈബൽ ക്യാമ്പ്



പാഠകക്യാമ്പ് അട്ടത്തോട് ഗവ. എൽ.പി. സ്കൂൾ പി.ടി.എ. പ്രസിഡന്റ് രഞ്ജിത്ത് ഉദ്ഘാടനം ചെയ്യുന്നു

പത്തനംതിട്ട▶ കളിയിക്കാവിള നാഞ്ചിൽ കാതലിക് കോളേജിലെ സോഷ്യൽ വർക്ക് വിഭാഗം വിദ്യാർത്ഥികളുടെ പാഠകക്യാമ്പ് അട്ടത്തോട് ആദിവാസി മേഖലയിൽ നടന്നു. 30 വിദ്യാർത്ഥികളും മൂന്ന് അധ്യാപകരും അടങ്ങുന്ന സംഘം മലമ്പുഴമുക്ക് എന്ന ഗോത്രവിഭാഗത്തിൽ പെട്ട ആദിവാസികളുടെ ജീവിതത്തെക്കുറിച്ച് പഠനം നടത്തി. അട്ടത്തോട് ഗവ. എൽ.പി. സ്കൂൾ പി.ടി.എ. പ്രസിഡന്റ് രഞ്ജിത്ത് ക്യാമ്പ് ഉദ്ഘാടനം ചെയ്തു. മഞ്ഞത്തോട് ഫോറസ്റ്റ് സെക്ഷൻ ഓഫീസർ പി.കെ.ബിജു അധ്യക്ഷനായി. ട്രൈബൽ പ്രൊമോട്ടർ സുസമ്മ, എസ്. മേരി പെൽസിറ്റ്, ഉത്തമൻ എന്നിവർ പ്രസംഗിച്ചു.

EVALUATION

- Unity, team work and co-operation are the successful key for a camp.
- We do strong believe that student independently conduct programme with available resource.
- Rural camp helps students to develop functional abilities and overcome individual lacunas.
- Trainee has learned to get people participation also encouraged to write their experience in local newspaper.
- Trainee and the faculty have developed the confidence to handle different situations.
- Trainee developed their competencies through various tools, techniques and skills of social work acquired by them.
- The work of the trainee reflects their spirit of professional devotion and commitments.
- Social work practice and humanistic concern and sensitivity to the community people.
- Students got the clarification of the awareness, attitude, skills and objectives.



CHALLENGES FACED

- Procrastination in starting the events
- Shortage of resources
- Frequent change in the day wise plan
- Missed few of the events due to time constraint
- Challenging climate /heavy rain

CONCLUSION

To conclude, we thank the almighty God for the blessings bestowed on us, our faculties, HOD Smt. Mary Pelsit, co-ordinators who guided us and in holding our hands. The camp was a huge learning experience for all the students. The major objectives that were laid for the camp were met to a large extent. One of the benefits of the camp was that students worked as a team. The students interacted with the local community and adjusted extremely well with the food, weather and the rural setting.

The social work trainees got an experience of group living in and with the community,

sharing their life and participating with them. They also applied social work methods into practice. This rural camp created opportunities for every student to develop a sense of team work. It helped them to break from self-circle or self-centered thinking created by them. They also learned to take responsibilities, gain management skills, gain skills in planning, organizing programs in the community and develop skills to conduct social surveys and analysis.

Students get to know the rural and tribal life, difficulties faced by them, techniques to assess their needs and to figure out the programmes to enhance their quality of life and mental health. These camps serve as eye-openers and inculcate students with a mind of service to the needy.

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